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Reverse Culture Shock: Overcoming the Difficulty of Reentry

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Abstract

This Honors capstone, prepared in Spring 2014 under the advisement of Professor Sherry Lee Mueller, Ph.D, sought to provide a resource for American University students returning from a study abroad experience. The self-guided presentation, available online at <http://prezi.com/pgivezlgpkbl/reverse-culture-shock-overcoming-the-difficulty-of-reentry-spring-2014-sis-honors-capstone/>, offers students information on the concepts of culture shock and reverse culture shock, and provides tips on how to overcome some of the challenges associated with reverse culture shock. The presentation ends with a recommendation of further resources, which delve deeper into the concepts.