

ESL through emotion and experience

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Background



- Refugee needs
- Yoga for healing
- ESL

Overview

- Community: Adult refugees (10 maximum)
- Length: 12 week summer program
- Includes tri-weekly ESL class and bi-weekly field trips
- Overall learning objectives
 - Students will understand each of the 12 core themes in a framework of peace education
 - Students will improve their speaking, writing and reading skills in the English Language
 - Students will gain a deeper understanding of American culture and history through interactive trips, tours, and experiences
 - Students will learn to use meditation and yoga to address their mental well-being

Evaluation

- Pre-test
- Measure objectives
- Post-test



Week 1: Food

- Contextual awareness
- Multiculturalism
- Conscientious consumerism
- Hospitality



Week 2: Family and Community

- Self-awareness
- Pro-active communication
- Cooperation
- Patience



Walter Reed
National Military
Medical Center

Week 3: African American History

- Empathy
- Positive Recognition
- Courage
- Civil Rights



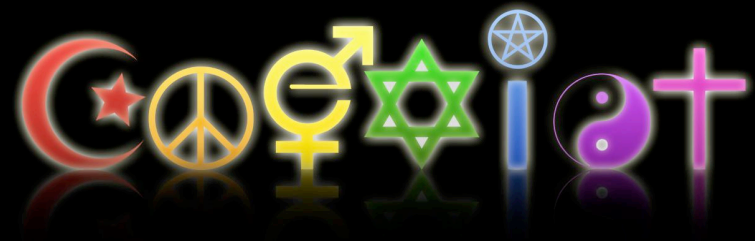
Week 4: Native American History

- Acceptance
- Inclusion
- Legitimize Others
- Preservation



Week 5: Religion

- Respect
- Multiculturalism
- Methods of Nonviolent conflict resolution
- Mutuality



Week 6: Employment and Work

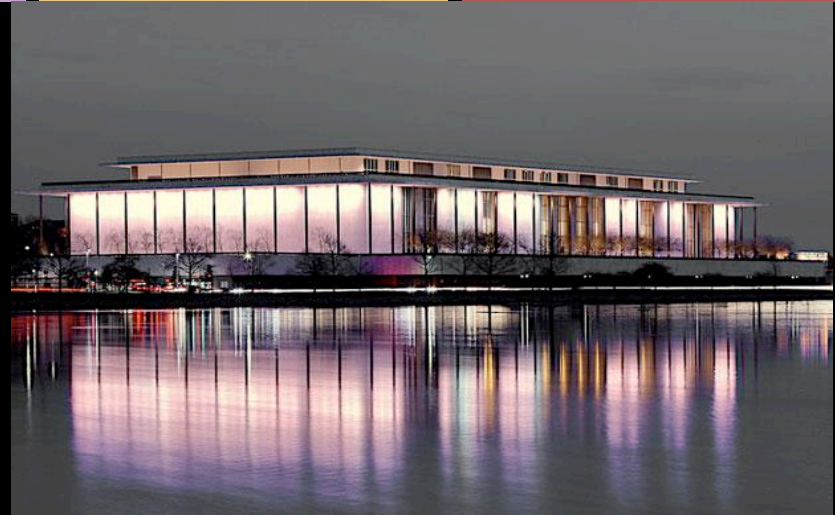
- Nonviolent service
- Collective and individual responsibility
- Adaptation
- Commitment



U.S. COMMITTEE
FOR REFUGEES AND IMMIGRANTS

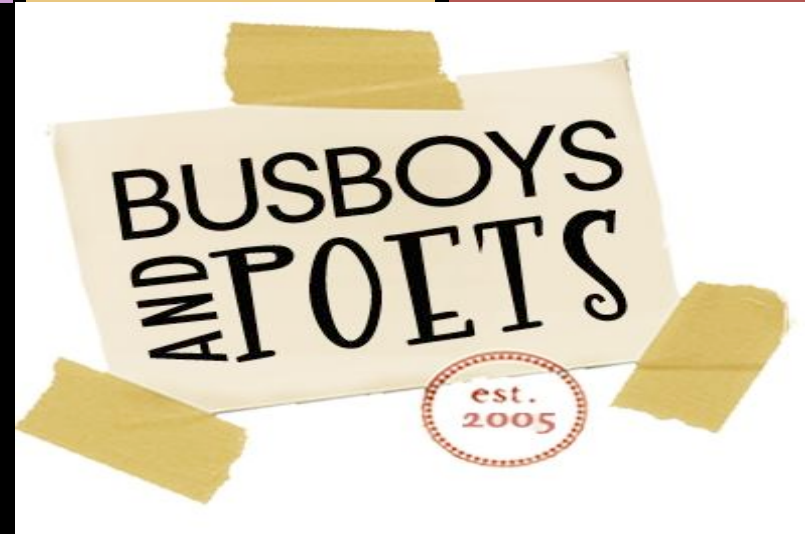
Week 7: Entertainment and Art

- Envision peace
- Perspective diversity
- Peace Strategies
- Self Expression



Week 8: Music

- Envision Peace
- Perspective diversity
- Peace strategies
- Communication Enactment



Week 9: Environment and Nature

- Environmental stewardship
- Service
- Concern
- Sustainability



Week 10: Education

- Self-awareness
- Human Rights
- Pro-active communication
- Commitment



Week 11: Peace

- History of Peace accomplishments
- Democratic processes
- Envision Peace
- Activism



Week 12: Community Activism

- Positive Recognition
- Optimism
- Involvement
- Contextual Awareness

